

## **Responsibilities for each School at BVAL Finals** **Monday, November 2, 2009 @ Crystal Springs**

In order for the BVAL League Finals to run smoothly, **it is imperative that each school assumes some of the responsibility for the meet management.** Therefore, you have been assigned the following responsibilities. It is up to you as the coach, to see that the assignment is completed. Each of the duties listed below is important to the meet running smoothly. None of the responsibilities should be taken lightly. As the coach if you would rather watch the meet than work, it is up to you to find a capable and responsible adult to represent your school. It is up to you to bring equipment needed to perform your job efficiently.

### **IMPORTANT INFORMATION**

- **Everyone working the meet needs to be at the Shack for a briefing @ 11:00 AM**
- Mandatory Coaches meeting @ 11:30 AM - First race is 12:00 PM
- Please park school busses beyond the entrance to the course. Schools will be fined \$25 for busses parking illegally - **Usual Race Rules - Rule of this Course**
- Please bring your own water, ice and first aid kit -
- Please **NO** footballs, frisbees or radios - **CLEAN UP! THERE WILL BE FINES!**
- You should bring some shade - **STUDENTS DO NOT LEAVE COURSE AREA**
- Please police your own area and pick up any garbage and put it in the cans provided
- Get your entries in early - Be accurate and follow directions
- Remember a school must enter a complete varsity before a JV or F/S runner can be added

**Stay for awards and those going on - It's part of the event**

#### **Course Marshall Areas -**

1. Start to the half mile mark
2. Half mile to 1 mile mark
3. 1 mile mark to 1.5 mile mark (top of hill 1.1 mile crowd control)
4. 1.5 to 2 mile mark
5. 2 mile to 2.5 mile (top of 2.2 mile hill, crowd control)
6. 2.5 mile to finish (final corner, last straight)

- Course Marshall's Please be in place at least 15 minutes before at 1st race and remain

in place until the final race ends

- Some things to watch for:

- Runners going down, needing assistance
- Parents, coaches, athletes that are not in the race ***Keep Off the Course***
- Any rule violations:
  - Overt pushing
  - Cutting Course
  - Cutting across others line without room

## **SCHOOL RESPONSIBILITIES FOR FINALS**

Andrew Hill	Course Marshall 3 Gate (10:45)
Branham	Course Marshall 1 - WV Clean up Director
Del Mar	Taking Finish Tags
Evergreen Valley	Parking (2) Finish tags 10:45
Gunderson	Chute Monitor
Independence	Head Finish - Call Places
James Lick	2 Mile Splits
Leigh	Chute Enforcer -"Faller" Replacement Kids Place Caller
Leland	Keypad OP - Finish Times
Lincoln	Course Marshall 2
Mt. Pleasant	Meet Trouble Shooting - Mtn. Bike Sweep - Tags (bib #'s)
Live Oak	Course Marshall 3
Oak Grove	Chute Enforcer -"Faller" Replacement Kids Place Caller
Overfelt	Mile Splits - Chute Change
Piedmont Hills	Course Marshall 3 - (Keep Spec. Back Mile) Chute Help Where Needed
Pioneer	Course Marshall 4- Gate, Cash Box, Table
Prospect	Course Marshall 5

San Jose	Course Marshall 5 - Chute Change
Santa Teresa	Falling Finisher Help - Substitute Runners
Silver Creek	Starter
Sobrato	Bus Monitors: 3 @ 10:45 3 to 12 people, alt. after
Westmont	Course Marshall 4
Willow Glen	Chute Help - Course Marshall 6 - MH Cleanup Director
Yerba Buena	Course Marshall 6 - ST Cleanup Director

### **To REGISTER YOUR ATHLETES**

- Go to [www.directathletics.com](http://www.directathletics.com)
- Scroll down to “Search DirectAthletics and type in BVAL - Submit
- Go to BVAL Championships - Division A is Mt. Hamilton
  - Division B is Santa Teresa
  - Division C is West Valley
- **Register ALL of your runners**
- Registration must be done by Wednesday, October 28th @ 8:00 PM - Or there will be a \$100 per level, per team charged, ie., \$100 for varsity boy, \$100 for F/S boys, \$100 for varsity girls, etc.
- **Name Change the day of the event will cost \$5.00**

**If you have any questions or concerns about registration please contact Steve Nelson 408-505-7847 or e-mail [SN0038@aol.com](mailto:SN0038@aol.com)**

**If you can not meet your responsibility please contact Clint Pappadakis [wyzguy2u@aol.com](mailto:wyzguy2u@aol.com)**

**DO NOT CONTACT THE BOB RUSH**

## **BVAL Cross Country**

### **Finals Schedule - Monday, November 2, 2009**

- **11:00 - Everyone For Briefing**
- **11:30 - Mandatory Coaches' Meeting**
- **12:00 - Girls Reserve (B)**
- **12:30 - Girls JV**
- **1:00 - Boys F/S**
- **1:30 - Girls Varsity**
- **2:00 - Boys Varsity**
- **2:30 - Boys Reserve (B)**

**Admission will be charged per BVAL Constitution.  
Please inform all your parents.**