



**Blossom Valley Athletic League  
Varsity Wrestling Championships  
February 13, 2010  
Live Oak High School**

All timelines and pertinent information for the BVAL Varsity Wrestling Championships

**Team Line-ups:**

Team line up's will be submitted to [www.trackwrestling.com](http://www.trackwrestling.com). All user names and passwords will be issued prior to February 5, 2010. All teams must submit team rosters online **Wednesday, February 10, 2010 before 7:00 PM**. Any changes after this time will need to be emailed to Robert Fernandez at [Robert@stgmachine.com](mailto:Robert@stgmachine.com). Enter head to head criteria Wednesday, February 10<sup>th</sup> at 7:01 PM until 7:00 PM Thursday, February 11<sup>th</sup>.

**Seeding Meeting:**

**Friday, February 12<sup>th</sup> @ 5:30 PM @ Live Oak in Media Center. Pre-seeding will be done prior to the meeting. Coaches have final vote.**

**Seeding Criteria:**

- A Head-to-Head Current Season
- B State Place Previous Season
- C Section Place Previous Season
- D Tournament placing current record
- E Overall record current season
- F BVAL Placing Previous Season
- G Coaches' Vote

**Weigh In's:**

Mini Gym at 7:00 AM. **No Weight Allowance (CIF + 2 lbs, 105, 114, etc.)** Teams will be weighed in on a first come basis. No coaches will be allowed in the weigh in area. Female wrestlers will be weighed in the wrestling room.

**Coaches Meeting:**

Coaches meeting will be held at 8:40 AM sharp in the Media Center. Two coaches bands per team. An additional band will be given for teams with 8 or more wrestlers.

**Tournament Format:**

Begins at 9:00 AM (approximately) 5 mats and 9 officials. Break down to one mat for finals. The gym will be cleared for the finals.

**Brackets:**

16 man bracket with preliminaries (see example at [www.trackwrestling.com](http://www.trackwrestling.com)). Please let tournament director know if your wrestler runs into the “5-man match” rule, matchmaker will try and catch beforehand. Wrestle offs will only happen for those wrestlers who run into the 5-man match rule. Date, time and place TBA.

**Awards:**

**Wrestlers must be in uniform to accept their award** and individual medals and certificates.

**Hospitality:**

Coaches’ luncheon will be provided – tickets will be enclosed in packet.

**Miscellaneous:**

- **Concessions will be provided**
- **No food, drinks or ice cooler allowed in the gymnasium**
- **An Athletic Trainer will be available during the tournament**
- **Showers available upon request**
- **Stat keepers and managers must pay admission to get into the tournament per BVAL**

**Time line (approximate):**

9:00 AM Preliminaries 1  
 9:15 AM Round 1  
 10:15AM Preliminaries 2  
 10:40AM Quarters and Wrestle Backs  
 12:30PM 2<sup>nd</sup> Wrestle Backs  
 1:30 PM Semis & 3<sup>rd</sup> Wrestle Backs  
 2:45 PM 4<sup>th</sup> Wrestle Backs  
 3:45 PM Medal Round 3<sup>rd</sup> - 7<sup>th</sup> (Clear Gym immediately after last match)  
 5:00 PM Finals one mat

2010 BVAL Wrestling Championship results can be found at [www.trackwrestling.com](http://www.trackwrestling.com). In the left menu, click “California” then click “GO” tab. Select 2010 Blossom Valley Athletic League and enter as a viewer.

Have a great tournament!!

Sincerely,

Robert Fernandez Live Oak Wrestling/Tournament Director  
(408) 825-3732 or e-mail [Robert@stgmachine.com](mailto:Robert@stgmachine.com).

**Admission will be charged as follows:**

<b>Adults &amp; Non-ASB Card Holders</b>	<b>\$7.00</b>
<b>Senior Citizens (65 years or older)</b>	<b>\$6.00</b>
<b>ASB Card Holders from Participating High Schools</b>	<b>Free</b>
<b>Child 5-12 years old</b>	<b>\$1.00</b>
<b>Preschool to 4 years old</b>	<b>Free</b>