



Santa Teresa Division
2010 Track and Field Finals
At Westmont High School

Tuesday, May 4, 2010 Varsity League Trials @ Westmont
Thursday, May 6, 2010 Varsity League Finals @ Westmont

<u>Event</u>	<u>School Responsible</u>
Long Jump-----	Piedmont Hills
Triple Jump-----	Andrew Hill
Shot Put-----	Santa Teresa
Discus -----	Live Oak
High Jump -----	Overfelt
Pole Vault -----	Sobrato
Hurdle Crew -----	Willow Glen/Sobrato
Weigh-ins -----	Santa Teresa
Score Keepers-----	Westmont/Overfelt
Clerk of the Course -----	Westmont
Starter -----	BVAL provided
Timer -----	Andrew Hill
Turn Judges -----	#1 Willow Glen, #2 Piedmont Hills, #3 Live Oak
Announcer -----	Westmont
Gate -----	Westmont

****Please bring your own measuring tape, pencil and clipboard for field event assignments and 3 people minimum to conduct your field event****

JUST IN CASE, each school needs to provide 1 timer and 1 place picker

Computerized seeding will be done: FAT timing will be used on both days

Uniform and jewelry rules will be strictly enforced on both days! No exceptions!

Remind spectators a fee of \$5 will be charged at the gate for both trials and finals

Important Dates:

- Friday, April 30th Seeding Meeting 5:00 p.m. Westmont High School room #16
- TOP 5 QUALIFIERS move on to BVAL Championship, Thursday, May 13th

Santa Teresa Division Finals

Tuesday, May 4th @ Westmont High School

Time Event

2:30pm Coaches Meeting
2:30pm Implement Weighing

Running Events (Preliminaries)

3:30pm 100 Meter Hurdles
3:45pm 110 Meter Hurdles
4:00pm 400 Meters
4:20pm 100 Meters
4:35pm 3200 Meters (*GIRLS FINAL*)
4:25pm 300 Meter Hurdles
5:15pm 200 Meters

Field Events (All Field Events are FINALS)

3:00pm Girls Pole Vault
3:00pm Boys High Jump
4:00pm Boys Discus
4:00pm Girls Shot Put
4:00pm Girls Triple Jump
4:00pm Boys Long Jump

Thursday, May 6th @ Westmont High School

Time Event

2:30pm Coaches Meeting
2:30pm Implement Weighing

Running Events (Finals)

3:30pm 4 x 100 Relays
3:50pm 1600 Meter
4:10pm 100 Meter Hurdles
4:25pm 110 Meter Hurdles
4:40pm 400 Meters
5:00pm 100 Meters
5:15pm 800 Meters
5:35pm 300 Meter Hurdles
5:55pm 200 Meters
6:15pm 3200Meters (*BOYS FINAL*)
6:45pm 4 x 400 Relays

Field Events (All Field Events are FINALS)

3:00pm Boys Pole Vault
3:00pm Girls High Jump
4:00pm Girls Discus
4:00pm Boys Shot Put
4:00pm Boys Triple Jump
4:00pm Girls Long Jump

Admission for Division Trials/Finals

Adults	\$5.00
Senior Citizen (over 65)	\$4.00
Student's w/HS ASB Card	\$1.00
Children 12 & under	\$1.00

BVAL Championships

Adults	\$7.00
Senior Citizen (over 65)	\$6.00
Student's w/HS ASB Card	\$1.00
Children 5-12 years	\$1.00
Toddlers 1-4 years	Free

PASSES ALLOWED: Only CCS, State CIF, BVAL Life Time & Hot Pink BVAL Staff pass

Questions contact: Coach Aaron Hansen @ (408) 834-3265