

BASKETBALL BY-LAWS

1. OFFICIAL RULES

Basketball games shall be played in accordance with the rules as defined in the current edition of the National Federation Rule Book.

2. CLASSIFICATIONS

Official competition shall be conducted in Boys and Girls Varsity, boys Frosh/Soph, girls Junior Varsity.

3. GENERAL REGULATIONS

1. Prior to the first preseason game, schedules shall be sent to each member school. (4-17-97)
2. The Board of Managers may grant permission for participation in post-season tournament.
3. There shall be at least 20 minutes for warm-ups between contests.
4. Home teams will provide game balls.

4. GAME LIMITATIONS

1. Varsity and feeder teams shall be limited to twenty-four (24) games, plus two (2) scrimmages and one (1) non-CIF contest. (10-17-96)
2. A tournament shall be counted as the total number of games played within the structure - not games guaranteed. (see CCS limitations) (03/05/09)

5. PRACTICE DAYS

CIF Rule #308, CIF Constitution

1. A player who participates in a Varsity League game may not return to a team of lower classification during the season.
2. Once League play begins teams shall be limited to three (3) practices per week, except on their "bye" week when they may have 4 practices. (4-20-99)
3. Saturday practices are allowed during the season. (11/20/07)

6. OFFICIAL LEAGUE BASKETBALL

The recommended League basketball shall be the same ball adopted by CCS.(4-20-99)

7. GAME MANAGEMENT REGULATIONS

1. Quarters shall be eight minutes for Varsity, Frosh/Soph, and JV (5-24-01)
2. There shall be two officials for all league games.
3. There is to be 1 adult to run the game clock for both Varsity & F/S - JV and an experienced person to run the shot clock. Failure to provide an adult could result in the visiting school protesting the game. (5-24-01)

8. SHOT CLOCK - THIRTY & THIRTY FIVE SECOND CLOCK

1. *The operator shall control a separate timing device.*
2. *The operator shall be provided with a horn with which to signal.*
3. *The operator shall start the timing device when a team initially gains possession of the ball.*
4. *The operator shall stop the timing device and reset when play continues:*
 - a. *when the team loses possession of the ball (the mere touching of a ball by an opponent does not start a new clock if the same team remains in control of the ball)*
 - b. *when a foul occurs*
 - c. *when a tie ball occurs*
 - d. *when a try for goal is attempted*
 - e. *when a violation occurs*
5. *Stop the timing device and continue time when play commences. A new clock period shall not be started when:*
 - a. *the ball is deflected out-of-bounds by a defensive player*
 - b. *the team in possession of the ball calls a time-out*
 - c. *a player becomes injured or loses a contact lens*

The operator shall sound the horn at the expiration of shot clock. This, however, does not stop play unless recognized by the official's whistle.

9. RESCHEDULING GAMES

If there is a need to reschedule a game, the home team must initiate the request. The game shall be played (in order of the schedule) within five school days. Any variation shall be approved by the League Commissioner.

10. LEAGUE CHAMPION

The League Champion shall be determined during the double round-robin regular season. The team with the most wins is the League Champion. In the event of a tie, it shall be a co-championship.

11. C.C.S. PLAYOFFS

1. All post-season play will go by the CCS Division playoff Regulations and CCS by-laws.

2. Automatic Qualifiers shall be determined as follows:
four(4) for Mt. Hamilton, one (1) for Santa Teresa, & one (1) for West Valley.
(3/08/07)

3. Requests to go on to CCS must be made to the Executive Board. (4/99)

12. ALL LEAGUE SELECTIONS -

All League awards will follow the guidelines established by the Chart of Awards found in the BVAL Constitution. For basketball it will be **8** - 1st team & **8** - 2nd team players. (05/10) 5 Special recognition for the Varsity. These awards will be: MVP, SR, JR, SOPH, FR of the year and Coach of the Year. (5/25/00)

Section 1:

In an attempt to avoid confusion when selecting All League teams, this section provides a number of formulas in which a division chairperson can follow. It is **required** that all JV-F/S level teams use these formulas and allow Varsity level teams the option to use them. (05/27/10)

- Special awards are limited to 5 and not to be included in the 1st team (these are considered “over and above” the 1st team recognitions.)(MVP, SR, JR of the year are automatically included in 1st team and do not need to be added/listed as such, certificates say “. . .and is a member of the First Team All-league”).
 - However, SOPH or FR of the year if listing any other SOPH or FR on 1st or 2nd team you must first list your SOPH or FR of the year before adding any other freshman or sophomores to either 1st or 2nd team all-league.
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- In the case of a tie in the league standings, extra certificates will be provided to equal the exact finish amount (i.e.: if 2 teams tie for 2nd place, both teams will receive the number of all league certificates that the formula states the 2nd place should receive.)
- Honorable mention awards will be pre-printed (with “Honorable Mention”) and be limited to 2 per school, per team (these will not be recorded by the BVAL)
- If you choose to give Co-MVP, Co-SR, etc., you must give up one of your remaining special awards.
You may not give up Coach of the Year or an all-league spot for a Co-spot.

Section 3: Basketball - 8 All-League Certificates (1st & 2nd team)

<u>(8 teams)</u>			<u>(7 teams)</u>			<u>(6 teams)</u>		
1st	2	1	1st	2	2	1st	2	2
2nd	1	1	2nd	2	1	2nd	2	1
3rd	1	1	3rd	1	1	3rd	1	2
4th	1	1	4th	1	1	4th	1	1
5th	1	1	5th	1	1	5th	1	1
6th	1	1	6th	1	1	6th	1	1
7th	1	1	7th	-	1			
8th	-	1						

13. PEP BANDS -

Pep bands shall remain on the home side of the gym at the end of the gym.
(not behind the benches)

14. SPIRIT SQUADS -

Spirit squads are to remain in the stands during the game and may be on the court for half-time and time-outs. (5-29-03)

15. SUPERVISION -

Basketball - It is mandatory that both schools provide supervision at all varsity boys' basketball games both home and away and all home varsity girls' games unless requested otherwise by home site. However, the BVAL Board of Managers at their 4/22/10 meeting made a motion and seconded it to eliminate all mid-week away supervision for boys' basketball contests unless there is a long-standing school rivalry or if requested in advance by the home school to attend unless it is a traditional school rivalry. (4/22/10)