

January 8, 2010

During a JV Soccer match between Sobrato and Prospect, a Prospect player was hurt. Play stopped and their coach went out to attend to her. After a minute, she got to her feet, but was really limping to come off the field. No one from her team was immediately able to come help her. Cassandra Valenzuela and Kaley Lefore (both Sobrato players) got up and went to her and they each put one of the girl's arms over their shoulders and helped her off the field. I was so proud of them! That is what good sportsmanship is all about! You play hard, but if someone is injured, you help them - even if they were your opponent seconds ago; you come to the aid of someone who needs help, no matter who they are.

Submitted by: Sue Scigliano - Sobrato Women's JV Coach