West Valley Division 2015 - 2016
Track and Field Finals
to be held at Overfelt

Wednesday, May 4, 2016 - Varsity League Trials & Friday, May 6, 2016 - Varsity League Finals both @ Overfelt
Boys’ and Girls’

West Valley Division Schools
Del Mar             Live Oak
Gunderson           Overfelt
Independence        San Jose High
James Lick          Yerba Buena

League Chairs/Meet Directors: Floyd Hurndon - Overfelt
C: (408) 242-6063
floydbhurndon@aol.com

Location:
Overfelt High School – Floyd Hurndon

PLEASE NOTIFY YOUR PARENTS ADMISSION WILL BE CHARGED
(see last page for prices)

Seeding Meeting:
Friday, April 29th @ Overfelt at 5:00 PM- RM TBD

On-line entries:
As soon as we get the information we will pass it on to you. (EZ Meets)
Time Schedule Trials
Wednesday, May 4th

Coaches Meeting  (scratches/subs/no additions) 3:30 pm

Girls 100 M Hurdles  4:30 pm
Boys 110 M Hurdles  4:45 pm
Girls 400 M  4:55 pm
Boys 400 M  5:05 pm
Girls 100 M  5:20 pm
Boys 100 M  5:30 pm
Girls /Boys 800 M
Girls 300 M Hurdles  5:45 pm
Boys 300 M Hurdles  5:55 pm
Girls 200 M  6:15 pm
Boys 200M  6:25 pm
Girls Mile  6:35 pm
Boys 2mile  7:00 PM

Coaches Meeting:  7:20 PM

Field Events:
Field Event Weigh-ins 3:00-4:00 PM Location TBD

Start:  4:30 pm - to completion (all warm-ups and run throughs must be completed before 4:30 pm)

Every competitor gets 3 throws, top 8 after that will be seeded and receive additional 3 throws. All 6 throws will be used to determine final places.

VB Long Jump
VB Discus
VG Shot
VG High Jump
VG Triple Jump
Time Schedule Finals - Friday, May 6th

Coaches Meeting 3:30 pm

VG 4X100 Relay VB 4x100 Relay 4:30 pm
VG 1600 M 4:40 pm
VB 1600 M 4:50 pm

VG 100 M Hurdles VB 110 M Hurdles 5:10 pm
VG 400 M VB 400 M 5:25 pm
VG 100 M VB 100 M 5:35 pm
VG 800 M VB 800 M 5:45 pm
VG 300 M Hurdles VB 300 M Hurdles 6:10 pm

VG 200 M VB 200 M 6:25 pm
VG 3200 VB 3200 6:35 pm
VG 4x400 M Relay VB 4x400 M Relay 6:35 pm

Coaches Meeting (scratches/subs) immediately following

Field Event Weigh-ins 3:00-4:00 PM Location TBD

Field Events:
Start: 4:00 pm to completion (all warm-ups and run throughs must be completed before 4:30 pm)

Every competitor gets 3 throws, top 8 after that will be seeded and receive additional 3 throws. All 6 throws will be used to determine final places.

VG Long Jump
VB Triple Jump
VB Shot-put

VB High Jump
VG Discus

Assignments for Trials and Finals
Event | School Responsible
---|---
Long Jump | Gunderson
Triple Jump | Gunderson
Shot Put | San Jose High
Discus | Independence
High Jump | Yerba Buena
Hurdle Crew | James Lick/Del Mar
Weigh-ins | San Jose High
Score Keepers | Overfelt/Live Oak
Clerk of the Course | Independence
Starter | BVAL Provided
Timer | Live Oak
Relay Turn Judges | #1 James Lick #2 Overfelt #3 Del Mar
Distance Turn Judges | Del Mar
Announcer | TBD
Gate | Overfelt

• Please bring your own measuring tape, pencil and clip board
• Assignments: 3 people minimum to conduct field events at least 1 adult

Timing:
• FAT timing will be used on both days - JUST IN CASE, each school needs to provide 1 timer and 1 place picker
• Qualifiers for BVAL Championships on Thursday, May 12th @ Silver Creek
• Top 4 in each event
• Computerized seeding will be done
• Remind spectators a fee of $5 will be charged at the gate for both trials and finals
• Uniform and jewelry rules will be strictly enforced on both days! No exceptions!

Important Dates:
Friday April 29th - Seeding Meeting 5:00 p.m. @ Overfelt High School room #TBD
Thursday, May 12th – BVAL Championship Finals @ SILVER CREEK

PLEASE NOTIFY YOUR PARENTS ADMISSION WILL BE CHARGED

<table>
<thead>
<tr>
<th>ADMISSION FEES DIVISION FINALS</th>
<th>BVAL CHAMPIONSHIPS @ Silver Creek</th>
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</thead>
<tbody>
<tr>
<td>Adults</td>
<td>$5</td>
</tr>
<tr>
<td>Senior Citizen (over 65)</td>
<td>$4</td>
</tr>
<tr>
<td>BVAL Students w/ASB card</td>
<td>$1</td>
</tr>
<tr>
<td>Children 5 – 12 years</td>
<td>$1</td>
</tr>
<tr>
<td>Toddlers 4 years &amp; under</td>
<td>Free</td>
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</tbody>
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ONLY PASSES ALLOWED: CCS, State CIF, BVAL Life Time & Tangerine BVAL Staff pass