

SWIMMING & DIVING
BY-LAWS

1. OFFICIAL RULES

The National Federation of State School Association Rules for Boys and Girls Competition shall be followed.

2. TEAM CLASSIFICATIONS

1. Official competition shall be conducted in Varsity and Junior Varsity classifications for girls and Varsity and Junior Varsity for boys. (5/27/10)
2. Before fielding a lower level team, a varsity team must have 10 members. JV teams with 8 or more members during the dual meet season will be considered a complete team and may compete for a division title. (5-24-07)

3. PRACTICE LIMITATIONS

1. Optional two (2) practices per day.
2. Rule #302 - Practice Limitations.

4. MEET LIMITATIONS

1. No team shall exceed 13 contests per season per CCS Article V. (5/16/96)
2. In the West Valley Division ONLY for both JV Girls and JV Boys there will be no 500 free style, and no JV 400 free relay. The 100 yards breast and 100 yards back for JV are to be changed to 50 yards breast, and 50 yard back. (5/24/12)

5. DUAL MEET REGULATIONS

1. If an athlete moves up in a league contest she/he cannot move down; except at league finals.
2. Varsity and Junior Varsity teams will be scored separately. No total score will be figured.
3. Any league team, which has a swimmer competing in a National Indoor Championship, shall not be denied a request for a schedule change for any affected dual meet.
4. Each school may enter up to 3 entries per individual event and relay event and the scoring will be as follows:

Individual:	6-4-3-2-1
Relays (only two (2) relay teams may score:	8-4-2 (5/24/07)

5. Meet referee - The starter at the swimming meets will be the meet referee.
6. Diving Competition:
 - 6.1 In dual meets, diving competition will be one (1) meter.
 - 6.2 The voluntary dive must be done first. (5/24/07)
 - 6.3 Varsity and Junior Varsity - One (1) voluntary dive/five (5) optional dives covering four (4) of the five (5) groups. (5/24/07)

6.4 The order of voluntary dives will follow the rulebook order.

7. Host teams will use EVEN lanes (2, 4, 6) and visiting teams will use ODD lanes (1, 3, 5).
8. It is required that both home and away teams have scorekeepers at all meets. The host school books are the official score books.
9. The host team listed on the League Meet Schedule is responsible for providing officials for the meet even if the site has been changed.
10. Dual meet entries MUST be submitted by 11:59PM the night before the meet *if the home team is using an electronic system. (6/6/16)*

6. LEAGUE MEET REGULATIONS

1. Seeding League Finals -

The league meet shall include finals for the top 8 qualifiers and consolation finals for the 9th -16th place qualifiers at the Varsity level. In Mt. Hamilton division only, JV will also qualify to swim finals. (5/15/13)

The scoring at league finals will be as follows:

Individuals: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays: 40-32-30-28-26-24-22-18-14-12-10-8-6-4-2 (5/24/07)

- 1.1 Division Finals will be held at a school site within that division or at a neutral site. Diving to be held prior to swim championships. Site may be changed by vote of coaches. (5/24/12)
2. The division champion shall be determined as follows for the Varsity and Junior Varsity teams:
- 2.1 Dual Meet Season: Teams shall be ranked according to their dual meet record. The first team (best dual meet record) receives one (1) point; the second team receives two (2) points, etc.
- 2.2 League Finals: Winning team in league finals shall receive one (1) point; second team shall receive two (2) points; etc.
- 2.2a Championship scoring shall be in accordance with the National Federation Rule Book.
- 2.3 Points earned in the dual meet season shall be added to the points earned in the league finals. The winning team with the lowest total shall be the league champion, and etc.
3. In the league finals, a swimmer may compete in the class that they made at the beginning of the season, regardless of whether they moved up to a higher class during the dual meet season.
4. Varsity Divers qualify via CCS qualifying standards. JV divers will complete six dives, five voluntaries covering each category and one optional from a category of their choosing. (5/31/13)
5. Entries to the Blossom Valley Athletic League Championships shall be:
- 5.1 Each school has unlimited entries per individual event; but only four (4) from each school may qualify for the consolation and/or finals and score individually.

5.2 Each school is allowed unlimited relay teams, per relay event in both Varsity and Junior Varsity and 2 may qualify for consolations and/or finals and score. (5-24-01)

6. League Meet order of Varsity events shall coincide with the CCS order of events.

7. In the case of a tie in the dual meet season or the championship meet, the points for those places will be added together and divided equally by the number of the teams that tied, (i.e.; 2nd place tie - 2 and 3 together is equal to 5 points, which is then divided by 2 and each team receives 2.5 points). This formula will be used when combining dual meet and championship meet results to determine overall league champion.

8. Official dead line for league finals entries will be due the Friday before the event. If not received on time a fine of \$50 a day shall be paid to the League for every day late. (05/20/08)

8.1 League entries MUST be submitted electronically only by established due date. (5/15/13)

7. AWARDS

Awards shall be provided by the League for 1-3 Both Varsity and Junior Varsity.

8. ORDER OF EVENTS - BOYS' AND GIRLS' VARSITY and JUNIOR VARSITY

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|--------------------------------|-------------------------------|
| 1. j.v. girls 200 medley relay | 25. j.v. girls 100 free |
| 2. j.v. boys 200 medley relay | 26. j.v. boys 100 free |
| 3. var. girls 200 medley relay | 27. var. girls 100 free |
| 4. var. boys 200 medley relay | 28. var. boys 100 free |
| 5. j.v. girls 200 free | 29. j.v. girls 500 free |
| 6. j.v. boys 200 free | 30. j.v. boys 500 free |
| 7. var. girls 200 free | 31. var. girls 500 free |
| 8. var. boys 200 free | 32. var. boys 500 free |
| 9. j.v. girls 100 i.m. | 33. j.v. girls 200 free relay |
| 10. j.v. boys 100 i.m. | 34. j.v. boys 200 free relay |
| 11. var. girls 200 i.m. | 35. var. girls 200 free relay |
| 12. var. boys 200 i.m. | 36. var. boys 200 free relay |
| 13. j.v. girls 50 free | 37. j.v.girls 100 back |
| 14. j.v. boys 50 free | 38. j.v. boys 100 back |
| 15. var. girls 50 free | 39. var. girls 100 back |
| 16. var. boys 50 free | 40. var. boys 100 back |
| 17. j.v. girls diving | 41. j.v. girls 100 breast |
| 18. j.v. boys diving | 42. j.v. boys 100 breast |
| 19. var. girls diving | 43. var. girls 100 breast |
| 20. var. boys diving | 44. var. boys 100 breast |
| 21. j.v. girls 50 fly | 45. j.v.girls 400 free relay |
| 22. j.v. boys 50 fly | 46. j.v. boys 400 free relay |
| 23. var. girls 100 fly | 47. var. girls 400 free relay |
| 24. var. boys 100 fly | 48. var. boys 400 free relay |