West Valley Division 2016 - 2017
Track and Field Finals
to be held at Overfelt

Wednesday, May 3, 2017 - Varsity League Trials & Friday, May 5, 2017 - Varsity League Finals both @ Overfelt
Boys’ and Girls’

West Valley Division Schools
Del Mar          Live Oak
Gunderson        Overfelt
Independence     San Jose High
James Lick       Yerba Buena

League Chairs/Meet Directors:  Floyd Hurndon - Overfelt
C: (408) 242-6063
floydbhurndon@aol.com

Location:
Overfelt High School – Floyd Hurndon

PLEASE NOTIFY YOUR PARENTS ADMISSION WILL BE CHARGED
(see last page for prices)

Seeding Meeting:
Friday, April 28th @ Overfelt at 5:00 PM- Teachers Lounge

On-line entries:
As soon as we get the information we will pass it on to you. (EZ Meets)
Time Schedule Trials
Wednesday, May 3rd

Coaches Meeting (scratches/subs/no additions) 3:30 pm

Girls 100 M Hurdles 4:30 pm
Boys 110 M Hurdles 4:45 pm
Girls 400 M 4:55 pm
Boys 400 M 5:05 pm
Girls 100 M 5:20 pm
Boys 100 M 5:30 pm
Girls /Boys 800 M
Girls 300 M Hurdles 5:45 pm
Boys 300 M Hurdles 5:55 pm
Girls 200 M 6:15 pm
Boys 200M 6:25 pm
Girls Mile 6:35 pm
Boys 2mile 7:00 PM

Coaches Meeting: 7:20 PM

Field Events:
Field Event Weigh-ins 3:00-4:00 PM – Press Box

Start: 4:30 pm - to completion (all warm-ups and run throughs must be completed before 4:30 pm)

Every competitor gets 3 throws, top 8 after that will be seeded and receive additional 3 throws. All 6 throws will be used to determine final places.

VB Long Jump
VB Discus
VG Shot
VG High Jump
VG Triple Jump
Time Schedule Finals - Friday, May 5th

Coaches Meeting 3:30 pm

VG 4X100 Relay VB 4x100 Relay 4:30 pm
VG 1600 M 4:40 pm
VB 1600 M 4:50 pm

VG 100 M Hurdles VB 110 M Hurdles 5:10 pm
VG 400 M VB 400 M 5:25 pm
VG 100 M VB 100 M 5:35 pm
VG 800 M VB 800 M 5:45 pm
VG 300 M Hurdles VB 300 M Hurdles 6:10 pm

VG 200 M VB 200 M 6:25 pm
VG 3200 VB 3200 6:35 pm
VG 4x400 M Relay VB 4x400 M Relay 6:35 pm

Coaches Meeting (scratches/subs) immediately following

Field Event Weigh-ins 3:00-4:00 PM – Press Box

Field Events:
Start: 4:00 pm to completion (all warm-ups and run throughs must be completed before 4:30 pm)

Every competitor gets 3 throws, top 8 after that will be seeded and receive additional 3 throws. All 6 throws will be used to determine final places.

VG Long Jump
VB Triple Jump
VB Shot-put

VB High Jump
VG Discus
### Assignments for Trials and Finals

<table>
<thead>
<tr>
<th>Event</th>
<th>School Responsible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long Jump</td>
<td>Gunderson</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>Gunderson</td>
</tr>
<tr>
<td>Shot Put</td>
<td>San Jose High</td>
</tr>
<tr>
<td>Discus</td>
<td>Independence</td>
</tr>
<tr>
<td>High Jump</td>
<td>Yerba Buena</td>
</tr>
<tr>
<td>Hurdle Crew</td>
<td>James Lick/Del Mar</td>
</tr>
<tr>
<td>Weigh-ins</td>
<td>San Jose High</td>
</tr>
<tr>
<td>Score Keepers</td>
<td>Independence/Live Oak</td>
</tr>
<tr>
<td>Clerk of the Course</td>
<td>Overfelt</td>
</tr>
<tr>
<td>Starter</td>
<td>BVAL Provided</td>
</tr>
<tr>
<td>Timer</td>
<td>Live Oak</td>
</tr>
<tr>
<td>Relay Turn Judges</td>
<td>#1 James Lick #2 Overfelt #3 Del Mar</td>
</tr>
<tr>
<td>Distance Turn Judges</td>
<td>Del Mar</td>
</tr>
<tr>
<td>Announcer</td>
<td>Overfelt</td>
</tr>
<tr>
<td>Gate</td>
<td>Overfelt</td>
</tr>
</tbody>
</table>

- Please bring your own measuring tape, pencil and clip board
- Assignments: 3 people minimum to conduct field events at least 1 adult

### Timing:
- FAT timing will be used on both days - *JUST IN CASE, each school needs to provide 1 timer and 1 place picker*
- Qualifiers for BVAL Championships on Thursday, May 11th @ WESTMONT • Top 4 in each event
- Computerized seeding will be done
- Remind spectators a fee of $5 will be charged at the gate for *both trials and finals*
- Uniform and jewelry rules will be strictly enforced on both days! *No exceptions!*

### Important Dates:
Friday April 28th - Seeding Meeting 5:00 p.m. @ Overfelt High School in Teachers Lounge
Thursday, May 11th – BVAL Championship Finals @ WESTMONT

**PLEASE NOTIFY YOUR PARENTS ADMISSION WILL BE CHARGED**

### ADMISSION FEES DIVISION FINALS

<table>
<thead>
<tr>
<th></th>
<th>Adults</th>
<th>Senior Citizen (over 65)</th>
<th>BVAL Students w/ASB card</th>
<th>Children 5 – 12 years</th>
<th>Toddlers 4 years &amp; under</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults</td>
<td>$5</td>
<td>$4</td>
<td>$1</td>
<td>$1</td>
<td>Free</td>
</tr>
<tr>
<td>Senior Citizen</td>
<td>$4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BVAL Students</td>
<td>$1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children</td>
<td>$1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Toddlers</td>
<td>Free</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### BVAL CHAMPIONSHIPS @ WESTMONT

<table>
<thead>
<tr>
<th></th>
<th>Adults</th>
<th>Senior Citizen (over 65)</th>
<th>BVAL Students w/ASB card</th>
<th>Children 5 – 12 years</th>
<th>Toddlers 4 years &amp; under</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults</td>
<td>$7</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Citizen</td>
<td>$6</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BVAL Students</td>
<td>$1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children</td>
<td>$1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Toddlers</td>
<td>Free</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**ONLY PASSES ALLOWED:** CCS, State CIF, BVAL Life Time & Pink BVAL Staff pass